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£18 £20 £25 £30	ערשטע פארשטעלונג 1:30 צווייטע פארשטעלונג 7:30	Yesodei Hatorah Hall Egerton Rd, London N16 6UB	זונטאג ט"ז אדר תשפ"ד Sunday 25 Feb 24
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TO MARK THE שלושים OF OUR LEGENDARY AND BELOVED

# Hindy Ginsberg

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17 FEB '24 | מוצש' ק פ' תרומה | 8:45 PROMPT

May we only share simchas.

D. Ginsberg

ENTRANCE BY DONATION I PROCEEDS TO PROJECT L'ILUI NISHMOSO

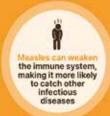
MEASLES IS SPREADING,
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6 Both children and adults are at risk of catching measles. To ensure full protection 2 doses of the MMR vaccine are essential. It is never too late to start vaccinating. 9 Catherine Sekwalor – Lead Immunisations Nurse

- Measles can cause hearing loss and serious illnesses including pneumonia and meningitis
- Flu cases are also rising this winter protect your child with the nasal spray flu vaccine
- Fewer days are taken off school, by immunising children on time to prevent infectious diseases





10,000 children ended up in hospital due to flu last winter

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To book or discuss home visits eligibility call Catherine on 07469 35178 or Samina on 07956 338994

For appointments call 020 8525 4250 or your GP practice

Immunise children 0 – 18 if unvaccinated/partially vaccinated, or have missed the school-age Year 9 vaccines

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Location/Contact	Day/Time		
Spring Hill Practice - 020 8806 6993	Sundays (Walk-in or book)		
57 Stamford Hill, N16 6XP	10:30am – 4:45pm		
Stamford Hill Group Practice - 020 8800 1000	Sundays (Walk-in or book)		
2 Egerton Road, N16 6UA	10.30pm – 5.45pm		

For more information visit nhs.uk/child-vaccines



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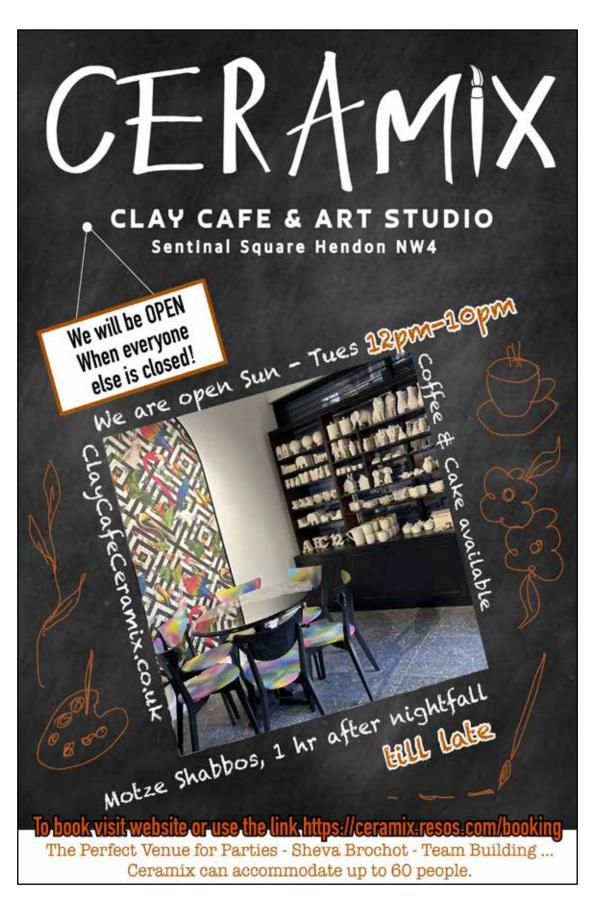




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# Something you Feel? Or something Real?

arshas Mishpatim is the blueprint of so many of our daily halachos. Especially dinei mazik v'nizak -compensating a party for damage caused. What is considered damage? Is damage cause by Ayin Hara considered damaging property?

Rav Shalom Schwadron a"h, the famous Maggid of Yerushalayim, recounted the following story.

Hagaon Rav Isser Zalmen Meltzer, zy"a, would walk home each afternoon with his *talmid*, R' Dovid Finkel. They would pass shuk Machne Yehuda to reach Rav Meltzer's home within moments.

One day, Rav Isser Zalmen changed to a long-winded detour giving no reason for this change.

One particularly hot afternoon, under the unrelenting Mid-Eastern son, R' Dovid once again asked Rav Isser Zalmen to take their old route.

When he adamantly refused, R' Dovid pressed him for a reason. Rav Isser Zalmen responded that there's a gemara in Bava Basra which prohibits a man from walking past his friend's wheat field while the stalks are tall and juicy, lest his ayin hara damage the property.

Now, during the summer months, with the watermelons a luscious red and displayed in all their juicy glory, Rav Isser Zalmen didn't want to cause an ayin hara by looking at these melons! Rav Isser Zalmen was famous for his Ayin Tova. His tzeddaka and chesed for all were legendary. And he was worried over an ayin hara on melons?

When did the concept of Ayin Hara start?

Ayin Hara is a firmly established concept in the Torah. Not only in the Zohar or *kabbalistic* texts...

In Parshas Vayeiru, Sarah was accused of having an ayin hara on Hagar, thus causing her to miscarry. Later on, Rashi says that Sarah cast an ayin hara on Yshmael causing him to lose his ability to walk.

Further along, we know Yaakov Avinu warned his sons to use separate entrances upon arrival in Mitzrayim to avoid Ayin Hara.

# Ayin Hara and the practical halachos of *tashlimim*

Ayin Hara has two guilty parties.

The one who attracts the evil eye and the one casting the evil eye.

Our sefarim have

cautioned against calling undue attention to our successes. It is brought down that one should not mention a lottery win. Furthermore, there's a halacha against calling a father and son to the Torah consecutively, to avoid an ayin hara.

But more importantly, one has a tremendous responsibility not to cause an ayin hara to another yid. Even just marveling at successes without evil intent can cause an ayin hara.

- The Sefer Chassidim firmly labels a person who causes an ayin hara a gozel, a thief. Practically, in halacha, a thief has to repay the damage caused by his actions.
- The *lashon* from the Levush in Choshen Mishpat on the Bava Basra gemara is very harsh. One who does

go to his friend's wheat field in its prime is considered like shooting with an arrow and physically damaging the field.

The Aruch Hashilchan (ch"m 378,1) rules that בדיני שמים you are liable!

So while there's a strong case for a person being liable for damage caused by his ayin hara, the pesak is that he doesn't have to repay. Why?

The Kehillas Yaakov explains that there's no way for beis din to execute the halacha because it's impossible to prove whose ayin hara caused the damage.

Furthermore, R' Moshe Feinstein zt"l rules that while causing ayin hara is assur, since it's done with the eyes and not with the hands one doesn't have to repay.

In addition, the gemara with the wheat field uses a lashon of assur, not chayav, therefore one doesn't have to repay the physical damage.

However, all agree that while Beis Din cannot prosecute you for the physical damage you caused, one has to be extremely careful about causing an avin hara.

on the contrary, as we see the tangible power the eyes have, we should strive to have an ayin tova on each other and bring all good, brachos, yeshuos, and refuos to us and all of Klal Yisroel!

Einy Yeshua received the blessing of many gedolim, such as: the Skulener Rebbe zt"l, Rabbi Chaim Kanievsky zt"l Hgh"tz R' Yakov Meir Shechter shlita, Harav HaMekubal Batzry shlita, and many more. Following time-honored traditions, Einy Yeshuah has helped many people overcome the effects of Ayin Hara. For more information please call: 0203.868.0487





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- Always use deadlocks on exterior doors.
- Lock your side gate
- Don't keep valuables unsecured at home
- Use a safe if possible
- Remember. hiding places such as the master bedroom sock draw, is the first place a burglar searches
- Purchase contents insurance

This Week's Shabbos Patrol Sponsor:



To Sponsor Next Week's Patrol Contact Shomrim

# Shomrim - Stamford Hill

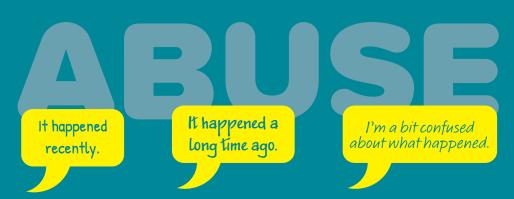
24/7 Emergency Hotline 0300 999 0123

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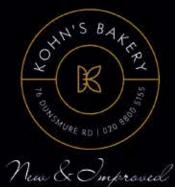
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calls are connected to one of

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FEBRUARY 2024

## A Devoted Bubby Helps Her Children Succeed

If you were to ask her children or grandchildren to describe Bubby B. in a single word, they'd probably all come up with: "devoted." The entire family feels her genuine support and warm caring, as she lovingly tunes in to the needs of each and every one of her offspring. Her Tehillim is well-worn, a testimony to years of davening and minding for the best interest of them all.

This time, her heart expanded with hopeful concern for one particular grandson. A talented yungerman with a special affinity to understanding others, he spent years training in a specific field of therapy. Now, he faced the final exams which would earn him his license, and hopefully a decent parnassah.

When Bubby heard the test was scheduled, she wanted to do something concrete to help him. She decided to get the Tehillim Kollel minyan to recite Tehillim on his behalf, alongside her own tefillos. "For my grandson's hatzlachah," she said as she signed up his name.

Bubby didn't forget to circle back with the good news once the exams were passed successfully. "Tefillah is powerful, and the Ribbono Shel Olam is so good," she said, passionately, expressing her pure emunah.

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I am sure that you have heard about the Chasuna Shticks Gemach through which we have had the משמח of being many kallahs in Stamford Hill.

Unfortunately, we are unable to continue hosting the gemach. If you can take part in this great axx by hosting, please contact me on 07368127295.

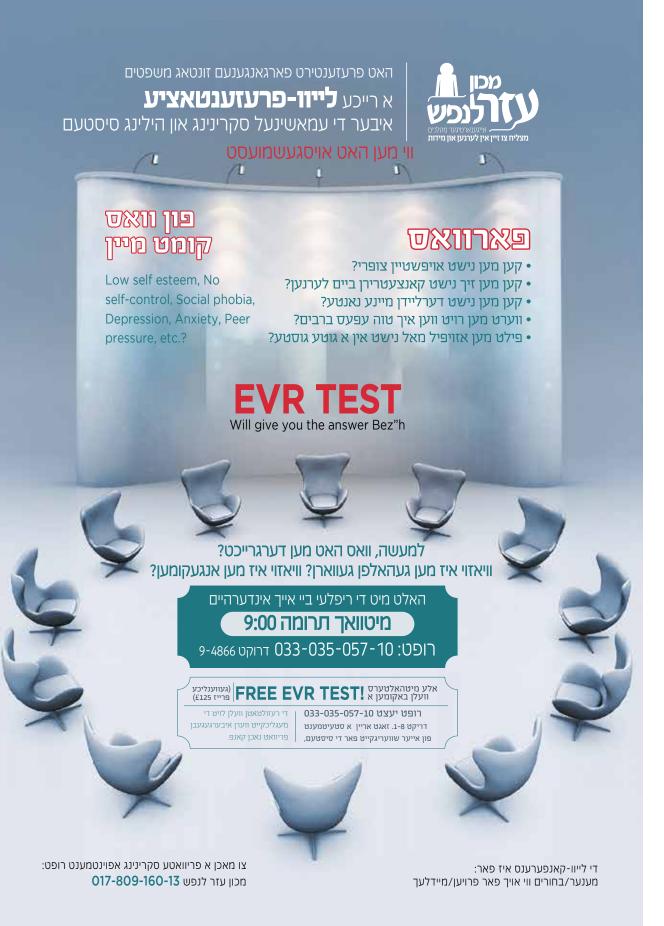
#### Please Note:

If nobody will be able to take over the gemach, it will unfortunately have to be turned into a rental service - with an additional charge.

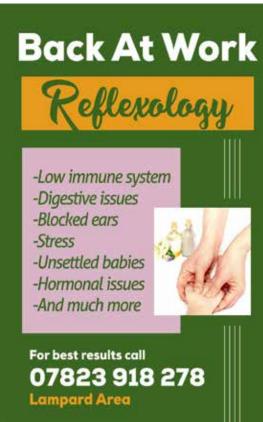
To book shticks from the gemach please call 07300889812.

With much appreciation,

S. Friedman











בוי אויף פראפעשענל

ארבענו

עהספיריענס





האלט דיינע הוצאות צו א מינימום





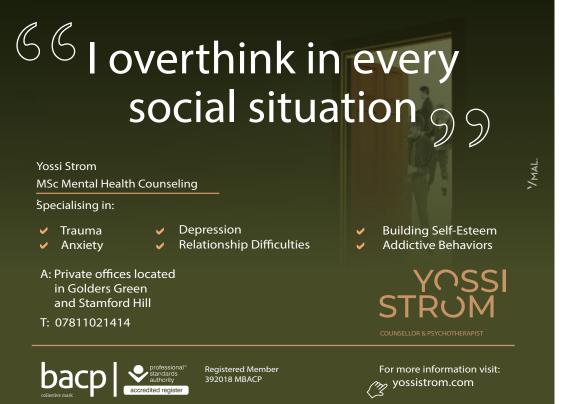
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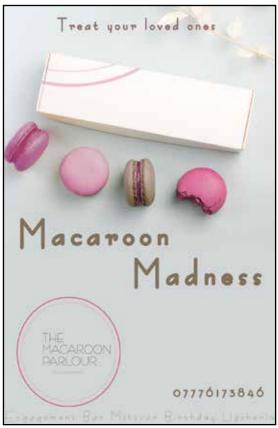










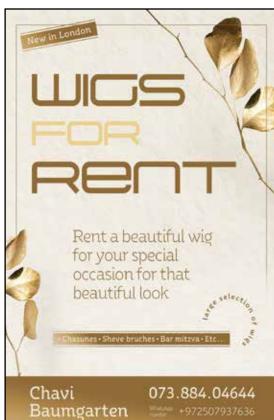














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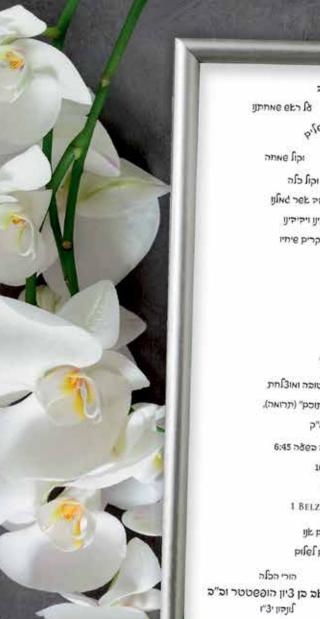
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הבתור החתן המופלג

חיה תחיי

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חופה בשעה 630

קבלת פנים בשעה 5:45

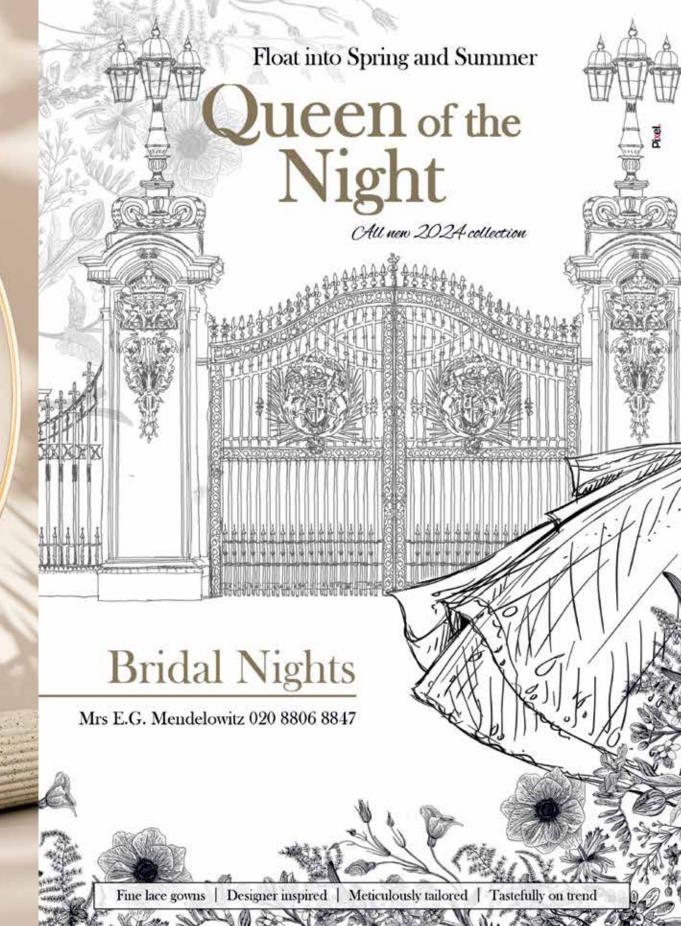
שמחת חתן וכלה בשעה 9:45 באולם ישמח משה - בעלזא I Belz Terrace E5 9SN

ואי״ה ביום שמחתכם ישמח לבנו גם אנו

הורי הכלה יויט צבי גליק ורעיתו חתן הרהיח רי אברהם מרדכי ווקשטיין זיל לונדון יצ"ו

הורי החתן כרמי הלוי פאלאק ורעיתו אנטווערפן יצ"ו





מסרת וקנים בני בנים - תפארת בנים אבותם

גם אנו מצטרפים בקריאה של חיבה להזמינכם להשתתף בשמחת כלולת נכדינו היקרים שיחיו

שמואל גליק לונדון יציו

שמואל הלוי פאלאק ורעיתו אנטווערפן יציו

מרת רחל שרה ווקשטיין ירושלים תוכביא

בנימין בינרד ורעיתו שטראסבורג יציו



You live in London, but your heart is in Eretz Yisroel.



# ON A DEEPER LEVEL

# by joining the current established connection London has bound.

Come see for yourself what our organisation has achieved across Eretz Visroel – in fledgling towns and remote settlements – and realise the enormous impact of your community's contributions to our cause.

ו) ספסופה Dalton 11/17/12 Rosh Pinah 3) ראש פינה Rosh Haayin אש העין (4 Petachia 5) כתחיה Herzilia 6) הרצליה Nahariya 7) נהריה Livnim 8) לבנים Zavdiel 9) זבריאל

pular

SUMPRONY Sef 80Ng

המרכז הארצי למען **טהרת המשפחה** פתר בשת תשיב



SUNDAY

**18 FEB** 

FOR MARRIED WOMEN
PRICE: £20
MASSER MONEY
MAY BE USED

ירושלים על ראש שפחק. יהודה ובחצות היהורה בשבח וחוראה לחשרת על כל הטוב אשר גכלנו שהחיים וקופני והגיעני לופן הוה פתכברים אני להופינכם להשתתף עפני בשכחת כלולות בניני היקרים שיחיי

שיפואל פרדכי ה

הכלה הבתולה הפתוללה

ירורית תחי

שתתקיים בעוחשיית לפזיט ובשער טובה ומוצלחות ביום ו פרשת משפטים אור ליום ה' ארך א' תשפיר לפיק 13 FEBRUARY "24 property

קבלון פנים בשעה 6:00 חופה בשעה 0:00 שמחת חון וככלה בשעה 1000 באולם תפארת עלקא 2 SCHOOL TERRACE, MONSEY, NY

ואייה בשקחותכם ישקח לבנו גם אנו

אברהם יעקב קרוים

אברהם ריינער באטראן יציו

העליה לתורה תתקיים אי"ה בשב"ק פרשת משפטים בביהמיר קהל יטב לב ר'סאטפאר 26 CLAPTON COMMON זמו תפילה בשעה 0:00 קירושא רבא אחר התפילה

גם אני פצטרפים בסריאוד של חיבה לכל פחבש חייוים היו להשתמי כשפחת נישואי נכחים היקרים שיחיו

אחרו קרוים וביב

דרים אהרו ריינער וב"ב לאנינאן

צחק שפעי פרערלערער וכיב

ברוך שיינבעיגער וכיב

פרת רבכה בלוכענטאחל

# Tried, Tested, & Trusted.

Real testimonials by real people

Hi, Thank you for the plotform where we can share our success stories. My son was suffering from constipation for quite a while We see a tremendaus difference since he started to take Maxi Magnesium Powder. Thanks!

-Mrs. H.

TOTAL MAGNESIUM POWER

I saw improvement in my concentration since taking Maxi Omega 3.

-Mrs. Landau



In the busy hours of the day, Natuemax Energize is always enjoyed as a quick meal replacement. It gives me the perfect boost. Thank You.

-R. W.



My baby had pneumania. After she recovered, I was looking for something to strengthen her immune system ofter being treated with strong aritiblotics and steroids. Everyone recommended I give her Panto Calong with Maxi Premium EFA. Thank you for your great products!



Share your Mexi-Health Story for a chance to win a **Bugaboo Butterfly** in the color of your choice. Next drawing on 02/15/24

Call/Text or Email: 516.600.6294 (maxi) wingmaxihealth.com

former pleasural 020.8806-5894

# Lucky Winner! MRS. SOLOMON

For the past three winters, I had cold symptoms and a pough Since using Vax C Max. I no longer experience winter blues



בעוהשיית על ראש שפחתנו
נעלה את ירושלים בעוהשיית
על ראש שפחתנו
עול ישפע בעלי יהודה ובחוציות ירושלים
עול ששון
קול ששון
קול ששון
קול חותן

בשבח והוריה להשי"ת על כל הטוב אשר גפלנו שהחיינו וקיפנו והגיענו ליום שפחת כלולות בנינו היקרים

הכלה הבתולה הפהוללה

החתן הבחור הפופלג

רבקה תחי

עב"ג

ואב כיי

בת פרת אסתר ברכה ע"ה

שתתקיים אי"ה לפזל טוב ובשעה טובה ופוצלחת ביום שלישי פרשת תרופה ד' אדר א' תשפ"ד לסדר "ועשו לי פקדש"

26 Lampard Grove, London Ni6 6XB באולם פרדס

החופה בשעה 19:15

קבלת פנים בשעה 18:30

שפחת חתן וכלה בשעה 22:15

והננו פתכברים להזפין את פע"כ וב"ב לבוא ולהשתתף בשפחתנו ואי"ה בשפחתכם ישפח לבנו גם אנו ונשיב לכם כגפולכם הטוב

הורי הכלה

בניפין גולדברג ורעיתו

לוטרון

הורי החדע

ברוך פרר ורעיתו

ב"ר שפואל ז"ל רפת ויזניץ חיפה





Job Vacancy (Stamford Hill)

Full and part time Nursery AUNTIES required.

Call 07811 248 257











# Job Vacancy

Are you looking for a job in IT Support?
We are looking to hire an enthusiastic candidate today to provide in-house IT support for our clients.

Previous IT experience is essential.

Ideal technical knowledge in the following areas:

- · Windows Server, including Active Directory, Group Policy, File Sharing & Permissions
- · Remote Desktop Servers & RemoteApps
- · Microsoft Azure
- Hosted email (Office 365/Google Workspace)
- · SharePoint/Dropbox/OneDrive for Business
- · Networking/firewalls
- · Virtual Computing/Hyper-V
- Microsoft Office 365 Apps
- · Knowledge of other common software applications

Please email your CV to jobs@eksupport.co.uk



# Short Term Let

1 bedroom flat in Bethune Road for just £80 a night

Please call 07359 306 901



#### Exchange פטח

Looking for a flat in Portland Ave area for Pesach in exchange for a flat in ירושלים Call 07723 856 352

## Parcel Delivery Service!

We bring convenience to your doorstep

#### £4 for a local







# MANAGING FIGHTING AND AGGRESSION

Mrs R. Atkins will be repeating her acclaimed workshop for the 5th time

R. Atkins QTS NPSLBA is an accredited behaviour specialist and Triple P Trainer "Works like magic!" - Mrs P





### Pre booking essential

Call Mrs S. Fried on 020 8800 3954/07932 802 328

Lower Ground Floor 93 Stamford Hill



#### Deadline for registration Sunday 18 February

rogram subject to change due to circumstances beyond our control Patron: Mrs R. Rumpler OBE

project of: Brilliant Behaviour Ltd — approved by Rabbanir N.B. We will operate a waiting list in case of lack of space



## Flat For Sale

Flat for sale **Dunsmure Road** 2/3 bedroom flat 2 bathrooms, Large garden Share of freehold 85 sqm £595K

07375 605 036



# Short Term Let

# LUXURY 4 BEDROOM HOUSE

in Craven Walk Area Suitable for Mechutonim

> Call or text 07734 760 733

I want a publication including a beautiful logo of typing holy books and Torah renewals fast and reliable including scoring SPECIAL PRICE FOR INSTITUTIONS & QUANTITIES For Details: 01615 116 315



# To Let

# COMMERCIAL UNIT TO LET

OCC ESTATE, VALE ROAD, LONDON N4

1300 sq ft on Second Floor with lift £25,000.00 per annum (inclusive except Electricity) + VAT





To View Please Contact Mr Eli Sufrin 07989 381076



# Flat To Let

Large spacious semi-furnished 1 bedroom flat available on Osbaldeston Road

Beautiful condition Separate Kitchen/Dining Room.

> Please call/text 07537126561



# **Bournemouth Let**

**Short Term Let** Bournemouth - Manor Road

**Kosher House** 5 Bedrooms, 3 Bathrooms, Sleeps 18

Please call 07816 644 655 or email luxurystay05@gmail.com

Big garden, On-site parking



Short Term Let

# **MECHUTONIM HOUSE**

Large 5 bedroom house now available

Cranwich area

Call/text 07368 327 430



# **Business For Sale**

# Modern designer CHILDRENS RETAIL SHOP IN PRIME LOCATION FOR SALE

Running business with very good potential.

Generous buyers only

# Email Clearance5965@gmail.com

Please send your details in full





#### For Sale

Brand new Jewel wig (unprocessed hair) colour 4. 14" rrp £2000 selling for £1250 Please call 07368 546 725



# For Sale

Ikea PAX Wardrobe
White colour
100x58x236cm
Includes 4 shelves and a rail

RRP £377 **£200** ono

Call 07368 546 725



# Other

The Parkside
has become available
for an evening
Sheva Brochas
on Monday 4th March
Call 020 8802 9020



# For Sale

Stunning white lace bridesmaid dresses from Ali Used once abroad Sizes 4, 5, 6, 6 & chubby 11 Also matching white lace teenage midi dress size 10/12

Please call 07975 693 773



# Peisure Smill



SUNDAY - STARTING 25TH FEBRUARY2024
TIME: 6:30 PM - 8:00PM
(WITH MALE LIFEGUARDS AND STRICT HASHGACHA)

First Name:	Surname:	Date of Birth:	School (if applicable)

DMEN/GIRLS

WEDNESDAY - STARTING 28TH FEBRUARY 2024
TIME: 8:00 PM - 9:00PM
(WITH FEMALE LIFEGUARDS ONLY)

First Name:	Surname:	Date of Birth:	School (if applicable)

Transport by bus with adult supervision outside Finx bus stop

Address:	
Postcode:	
Home Number:	
Mobile Number:	
Email Address: _	

PRITANNIA LEISURE CENTRE - PITFIELD ST. LONDON N1 5FT

Drop off point for envelopes is 24 Lynmouth Rd, NI6 6XL.

Any further info contact 020 3519 6515 or email jccswimming3@gmail.com.



(all ages allowed)



Main Poo\ (Boys 13+) (Girls 16+)

Sauna (Boys 18+) (Girls 16+)



#### **CASH PAYMENT**

£6!	5 for	ten	weeks	per	persoi
Mumbo	rof	noc	nlo		

#### CARD PAYMENT

Short Breaks cards welcome invoices upon reques

£75 for ten weeks per person
Number of people:

# ANNUAL SUBSCRIPTION DISCOUNT

Only £20 per month
(for 40 swimming sessions per year)

Number of people:

#### **CARD DETAILS**

Card Number : _	
Expiry Date:	
Security Code: _	

\*We do not accept cheques or vouchers

Lost & Found For To Sale A

To Give Away

Services

Others

# Lost & Found

- Found a bunch of keys on Manor Road. Please call 07933 010 664
- Found a black velvet evening bag at Weiss/Weissman wedding. Call 07977 461 889
- Found a necklace on Cranwich Rd. Please call 8802 3355 or 07961 976 687
- Found a gartel and child's charm bracelet in Ashtead Rd area. Call 07896 531 478
- Left at Satmar Show 31st January in YHS: blue DKNY jacket size XL; Canon camera battery; kids bracelet with heart charms; purple pouch with SD card inside. Call 020 8802 4675
- Found a credit card last week with name Shloime PFried, Call 07368 604 083
- Found a diamond ring on Leadale Rd. Please call 07535 601 432
- Found a kappel a few weeks ago at the junction. Call 07758 893 717
- Left behind at Simply Chic umbrellas and a rainhat, if unclaimed will be given away
- Found car seat with Huggies baby wipes in Tottenham area several weeks ago. 8806 3938
- Lost wooden box of crockery (30 plates) from Keilim Gemach, Call 8800 7059
- Found at the Satmar Oneg Shabbos show an MP3 and a gold ring. Call 07980 973 557
- Found £10 Sunday at Shushitzky show. Please call 8809 7113
- Found a debit card in the alley way between Leabourne Road and Rookwood Road on Wednesday with name Mrs G Gluck. Call 020 8809 6718 or 07419 127 904

## For Sale

- Amber Bracelets for teething babies and Hazelwood for hayfever plus many other health benefits. Please call Mrs Kohn 07957 848 367
- Brand new short Natureal synthetic sheitel, dark brown, rrp £520 selling for £300 ono. Please call 07368 546 725
- Large Carrera mike for adults almost new, bought at Halfords selling for £300 only. Please call 07305 870 644
- 3 beautiful green velvet gowns with cream lace, ages 5, 11 & 14, £40 each. Call 020 8211 7031

- Rag doll Purim costumes (including accessories) sizes 1-2 & 5 years £22 each, sizes 7/8 & 9/10 £25 each; 3 white pleated skirts sizes 4, 6 & 8 £8 each. Call 07507 550 567
- 2x double door Ikea cupboards for £150 ono. Please call 07432 509 379
- Brand new Ralph Collection weekday shoe size 38,£70. Please call 07432 509 379
- Girl's black and gold jacket size 14, real fur on hood; pink chassene dress; ladies pink chasunah dress CMC collection size medium/large. Please call 07985 485 510
- Brand new still boxed metal shed 6ft x 8ft, selling due to wrong size, rrp £350 selling for £240 ono. Call 07969 993 937
- Black velvet Shabbos shoes sizes 36 & 38, £15 each; girl's green Shabbos dress sizes 6 & 10, £20 each. Call 8800 8620

# To Give Away

2 black swivel barstools to give away. Text only 07391 400 659

## Services

- Luxury 9/17 seater. Please call Mr U Shimoni 07825 177771
- Massage and Reflexology, experienced practitioner, home visits available. Call/text Chavi 07827 889 157
- Spider keyboard stand available to hire for £15 per night. Call 8802 9175
- Clothing Drive: Collecting men's, ladies & children's clothing, shoes & bedding in any condition; Shoes (full pairs), pack separately; towels, tablecloths & linen, pack separately. £3 collection (more than 10 bags may be more). Call/text 07411 229 354 or 07411 227 673
- אויס צו לעשען עין הרע ביי ר' אברהם לעבעל הי"ו בהסכמת רבותינו חברי הביד"ץ העדה החרדית עיה"ק ירושלים תובב"א. לאזט א מעסעדזש 02088066370
- Korg PA900 keyboard for hire, £50 per day. Please call 8806 8144

## Other

- To let: Canvey Island spacious holiday house with view of rolling hills. Call 07870 215 759
- Looking for an artist costume for 2 girls ages 3 & 5 years. Call 020 3573 0998







aijay yaur ride

806 1666 8880 1111



#### **Dear Readers**

WARNING FOR EUROSTAR TRAVELLERS TO ANTWERP VIA BRUSSELS

Travellers take heed! Upon your arrival to Brussels, where a train must be taken to Antwerp, hold fast to your luggage!

A gang of professional thieves operates in Brussels. They often work in pairs. One of them distracts the traveller eg. by brandishing a smartphone and pretending to ask for directions, whilst the other whisks away the traveller's suitcase, handbag or Talis Bartel. By the time the passenger realises he/she has been duped, the thieves are nowhere to be

Another tactic of theirs is to squirt ketchup onto the back of the traveller's coat. They point out politely: "the back of your coat is dirty." The unsuspecting passenger wipes off his coat. When he looks up, the thief is no longer there, and neither is his luggage.

As this is a very common occurrence, the police in Brussels don't even bother to check the CCTV in the station to spot the thieves.

The best option would be to tie your cases and handluggage together. Alternatively, if someone in the busy station asks you for directions, or tries to distract you in any way, grab your luggage and don't let go!

From a Traveller Who Found This Out the Hard Way!

Dear P.C.

RE Sleep Walking Sleepwalking is a parasomnia

subconscious activity that occurs in the deepest part of your nonrapid eye movement (NREM) sleep. It most often occurs within 1 to 2 hours of falling asleep.

Causes of sleepwalking may vary . Stress, genetics, psychiatric medications, sleep deprivation, breathing disorders and some neurological conditions may all contribute to this condition, with stress being the most prevalent of all.

Subconscious parasomnia is best treated with methods which target the subconscious mind and get to the root cause to create positive changes in the brain's neuroplasticity.

CSC - Comprehensive Sleep Coaching is certified to deal with such

rochel@comprehensivesleepcoach ing.com 07790 408 482

#### Dear Readers

There are no words that can convey the amazing Chesed that is going on all around us in Stamford Hill and Golders Green. Hopefully you will never need their help but the wonderful Bikur Cholim and Chesed Cars organization have been wonderful

Our family had two small children in hospitals for several weeks during the last few months (Baruch Hashem both now back home) and during this time we needed to be with them 24 hours a day as they were too young to be left alone. Family members all helped and spent nights and days in the hospital but it was impossible for us to be there all day and night for weeks on end. We had

fantastic help from these organizations and scores of wonderful men, women and Sem girls sat by the beds of the children throughout the nights and visited with presents and music and games and smiles throughout the day.

The free car service was astonishing, volunteer drivers coming quickly with no hesitation at all hours of the day and night, bringing us to the hospital without pre-arrangements - all with a happy smile and willing to help out at a moment's notice.

I also mustn't forget to praise our wonderful Hatzola teams and the food and meals in the Shabbos Rooms in the hospitals and the presents and nush that arrives magically without fail every

I doubt that anyone else in the whole wide world has such amazing fantastic willing wonderful and dedicated people.

> From a Grateful Great Grandmother

#### Dear "Host of Your Guest"

I would suggest that you advise people that you lend out your guest flat for free, however if it is not used & they don't tell you beforehand there is a £250 charge.

If they tell you 2 weeks before there is still no charge, less than 2 weeks but more than I week, £100

Also when people call to 'book' you can tell them it is only booked once they have signed the paper with this agreement and posted back in to your house.

Kol hakovod.

Z.T.A.

Disclaimer. News Update informs readers that the view. Itimights and opinions expressed in the Write Lines belong solely to the letter writer and are not verified. If you have a readical different advisor countil your GP or a member of Hazada.



Opening Hours Sun-Thurs 11am-5pm Friday 10:45am-12pm Mon & Weds evening 8:30pm-10pm

Mrs S Pifko 020 8802 1010









# DINIwigs WIGLINE London

The first Dini Wigs franchise location in London.

Meet Dini and get your new wig: 13/3-14/3

- Bridal
- all wig typesluxury new
- wig kit
- precuts
- fast service
- new line of ribbon front wigs

Mark your calendars and be a part of this glamorous affair!





For appointments please call Freidy Lindner: 077-43123743











