

ADDRESS FOR ALL ADVERTS & CORRESPONDENCE: 1 FORBURG ROAD, N16 6HP

#1 Kosher Short Term Rentals



Rentme.org
020 8066 6082

Issue 1041

NEWS UPDATE

1st February 2024

ב' יתרו כ"ב שבט תשפ"ד

020 8806 8900

info@thenewsupdate.co.uk

www.thenewsupdate.co.uk

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Any condition

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CAR SERVICE

020 8809 4444



STAR PLANS
where millimeters matter

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01268 914 125
info@starplans.co.uk

Planning - Architectural - HMO Designs



HATZLACHA
SUPERMARKET

שבתות וימים טובים
קודם לחדש
4:35

Shop Closing Time
4:15

א פתוח
ב ג ו
מזרח לונדון
6:05

OPENING 7:05


Kosher short-term rentals

info@kstay.co.uk

kstay.co.uk

020 3747 5858

kstay



Capture. Print. Memories.

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- Photo Editing
- Photo Gifts
- Photo Prints
- Wall Art
- Photobooks
- Magnets
- Passport Pictures

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FREE

BUY 1 GET 2
FREE

BUY 1 GET 2
FREE

ENTIRE WINTER COLLECTION
FREE

BUY 1 GET 2
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BUY 1 GET 2
FREE

BUY 1 GET 2
FREE

AVOIDING BUGGIES
WOULD BE HIGHLY
APPRECIATED

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FREE

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🌐 www.lifepointhealthcare.co.uk
✉ info@lifepointhealthcare.co.uk

Please use the code **72** when you get in touch!



ALL SALES ARE FINAL

OPENING HOURS:

Sunday: 11am-4pm
 Mon-Thurs: 11am-5:30pm
 Friday: Closed

162 Clapton Common
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Excludes suits & basics

RAIL OF SKIRTS FROM PREVIOUS SEASONS FROM £6.99

FINAL WEEK OF 25% OFF BASIC DESIGN 3PC SUITS

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VELVET AND WOOL TROUSERS NOW £7.99

FOR 1 WEEK 25% OFF ALL BASIC WOOL TROUSERS

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LAST FEW WOOL SHABBOS COATS NOW £69.99

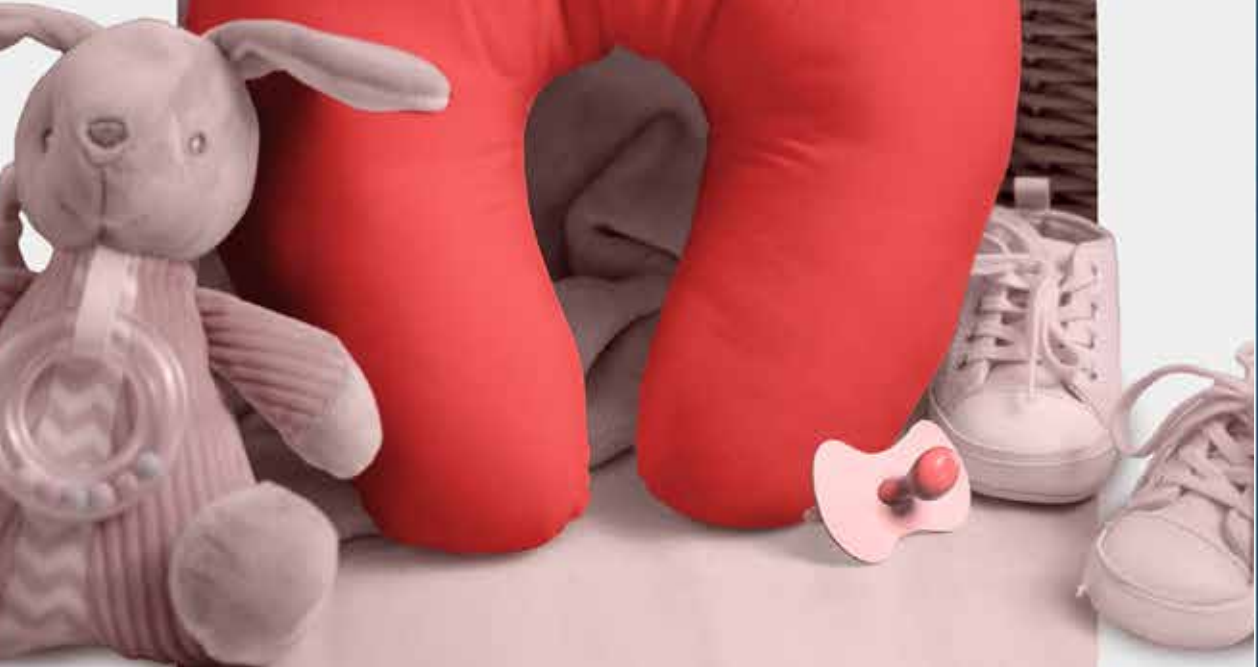
BANDANAS AND TURBANS REDUCED

final SALE

Weiners

41 Oldhill Street | 020 8806 0702

NEW OPENING HOURS:
 Sunday 12-4pm
 Mon, Tues, Thurs 10am-5:30pm
 Friday 10:30am-12:30pm
 NEW WEDNESDAY LATE HOURS FOR BOYS 10am-7:30pm



A NEW ORGANISATION FOR MOTHERS AFTER BIRTH

INTRODUCING YAD MIRIAM.

Yad Miriam, is a new organisation offering hands-on support for mothers after birth whilst still in hospital. Our selected team of dedicated volunteers are here to assist you with caring for your baby and to offer a helping hand, so that you can rest up and recover.

Our volunteers will be allowed on the delivery and post-natal wards at three designated time slots as in agreement with Homerton Hospital.

9am-1pm
1pm-5pm
5pm-9pm



Please note this service can only be booked by the parents of the newborn.

To book please call:
02080583425 | info@yadmiriam.org

לע"נ מרים בת יבלחט"א ר' משה לאבענשטיין
אשת ר' שמואל בנימין קרויס

מיד וועלן בעז'ה צו אנקומען ביהמ"ד אין די קומענ-דיגע טעג אדער וואכו!

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50%

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Emerald
Ladies shoes



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£100



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מעמבערס

PARAMEDIC CAMPAIGN

MEGA FINAL BLOWOUT Sale

crazy sale rails From £10!

WHEN ITS GONE, ITS GONE!

NOT TO BE MISSED!

STARTING *Motzei Shabbos*

3rd Feb 8 - 10pm

Up to **80% off!**

We carry sizes UK 4 - 24

no returns | cash only

fame

Sun 11 - 5
Mon - Thurs 10 - 5 | Fri 10 - 12
Weds evening 8 - 10pm

WOMEN'S FASHION REDEFINED

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CABELLO

MEGA WIG SALE
FIRST TIME EVER

WIG SALE

MASSIVE REDUCTIONS

Discover the unparalleled beauty of a Cabello wig that has captured the hearts of so many. Featuring silky unprocessed hair with ready highlights, it is sure to be a winner.

Look your best for less.

ONE MORE DAY ADDED TO THE SALE

Monday:
10am-2:30pm & 8:30-10:30pm

Sale hosted by
Dini Goldenberg
07391 400 658

100% unprocessed hair · Under the hashgachah of Rav M. Gross



THIS SUNDAY 4th Feb
@ 117 STAMFORD HILL (back hall)

11-4:30

HALF PRICE or LESS

Girls dresses
boys & girls wear
baby outfits
blankets
jackets & buntings

babygros
& pyjamas
up to £25

Teen
nightgowns
£19 & £25

Baby
Corner



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A DOOR LIKE THIS**

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Excluding basics

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variety.

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the savings.

Sets from £999



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Chairs
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Sun 1-4, Mon -Thurs 11-6, Fri Closed



Final Sales

ALL ITEMS AT CLEARANCE PRICES

- Tops
- Skirts
- Robes
- 2pc Sets

£15

£25

£35

£45



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coming
up?

dress rentals
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Choose from a wide selection of modest gowns for
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LOADS OF ITEMS
£5 - £10 ONLY

UP TO
50%
OFF

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AT 117 FRONT HALL

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CLEARANCE

LIKE NEVER BEFORE

FANTASTIC
SELECTION
OF SHOES
FROM
PREVIOUS
SEASONS

SUMMER
WINTER
SHABBOS
WEEKDAY
HEELS
FLATS

Emerald
Ladies shoes

CASH ONLY

£20

£25

£30

£35

NOTHING
OVER
£39

NOW IN ITS 3RD YEAR

בס"ד

SEMINAR BNOS DEVORAH

CLOSING DATE FOR APPLICATIONS
16TH FEBRUARY

KODESH PROGRAMME

High level shiurim generate excitement and satisfaction from learning תורה in depth. תלמידות follow a carefully created balance of textual study, hashkofic discussions, and practical lessons in halacha which prepare our students for life.

ENRICHMENT

Bnos Devorah offers a fully immersive enrichment programme including Shabbatonim, trips, yemei iyun and chessed initiative.

QUALIFICATIONS

We provide the ATHE diploma in Jewish Studies, teacher training, A levels, online diplomas, professional qualifications, degrees, and vocational courses.

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MRS Z. SEGAL
MENAHELES

MRS E. ARONOVITZ
HEAD OF KODESH

DR H. RYDE
HEAD OF COURSES

RABBI BIXENSPANNER | **RABBI DENDEROWICZ** | **RABBI FORDSHAM**

RABBI GUTTENTAG | **RABBI HECKSHER** | **RABBI HERSH** | **RABBI PEARLMAN**

RABBI SEGAL | **RABBI SONNENFELD** | **RABBI STEINBERG** | **RABBI RAPOPORT**

REBBETZIN BIXENSPANNER | **REBBETZIN JUNGREIS** | **MRS NOE** | **DR PERL**

MRS E LAZARUS MECHANECHESES | **MRS S.M. HELLER** ENRICHMENT COORDINATOR

Bnos Devorah has provided me with a chance to get to know and connect to special mechanchos who really care and are role models for us!

RZ

A unique Seminary where everyone was united with one aim, to provide the best for our daughter.

Mr & Mrs S.Hirsch

Bnos Devorah was a 'I'chatchilah' choice for our daughter. I highly recommend this special Sem experience to any independent thinking, growth-oriented bas Yisroel.

D.F



FOR MORE INFORMATION

admin@bnosdevorah.uk

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X

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ONE WEEK ONLY



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07471 352 652 | 105c Stamford hill
Sunday 11-4 | Mon- Thurs 10:30-6 | Friday 10:30-1

COATS & Co

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**HALF
PRICE
SALE**

New Spring Summer Season Fully Stocked

New deliveries of Simcha Wear

EVENING HOURS MONDAY & WEDNESDAY 8-10:30pm

EVERYTHING
REDUCED
TO CLEAR

50%
Off

60%
Off

70%
Off

FINAL
SALE

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CLOTHING BOUTIQUE

92 STAMFORD HILL UNIT 1 020 8442 4654
SUN 11-4 MON-THURS 11-6 FRI 11-12:30.

COMPLETE GUIDE TO FINDING THE PERFECT COFFEE



Java Chip
Frappuccino



Caramel
Frappuccino



S'mores
Frappuccino



Oreo
Frappuccino



Regular
Frappuccino



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Latte

£1 On
Sunday
Dunsmure
Road
Store



Award winning chef on premises
with new range of
artisan salads & sandwiches



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before renovations

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 8452456509

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info@rentme.org

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RentME is trading under UK-RentMe CIC, Reg. Address, 67 Heathland Rd, London N16 5PQ. UK-RentMe CIC is Registered with company house number 12304311.



Modabelle

16 Leweston Place 020 8800 6873

EVERYTHING

60% OFF

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ALL REMAINING JACKETS

£25

FOR 1 WEEK ONLY

Opening Hours: Sunday-Thursday 11-3 & 8-10
OPEN MOTZEI SHABBOS BY APPT.

Cash Only on sale items

SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE



HUGE REDUCTION ON SOME AMERICAN SETS



THE LINEN SHOP

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FITTED SHEETS



NEW! COSY ELEGANT SOFA BLANKETS



Sale
with a difference

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Roll
The
Dice

up to 60% OFF

Don't miss
the chance



We do
Gift Wrapping
&
Arrangements

C Bretler

Opening Hours
Sun-Thurs
8:30-10pm

Other times
by appointment

Free delivery over £30

We accept Choice Vouchers

BOOKING DEADLINE TONIGHT 11PM

LADIES TRIP
SAME DAY TO KERESTIR

זונטאג משפטים
Sunday
4 Feb 2024

Trip Schedule:
Leaving Stamford Hill
3:00AM

Pick up from the door

Flight from
Luton to Kosice -

Back from
Debrecen to Luton

Arriving Back in Stamford
Hill 10:00 PM



LIMITED SEATS AVAILABLE!

£295
BOOK 3 SEATS
TOGETHER
& GET £20 OFF
PER PERSON



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פועליט ישועות
ביים צדיק
אין קערעסטיר

צוליב גרויסע נאכפראגע
אראנדזשירן מיד נאכאמאל א
מענער נסיעה

מוצשבי"ק יתרו
אין קערעסטיר

סדר הנסיעה
מפארט ארויס פון סטעמפארד היל
מוצשבי"ק יתרו
6:45 מיטט נאך זמן רות
Flight from Luton to Debrecen
Back from Kosice to Luton -
מוועט זיין צוריק אין
סטעמפארד היל אייז
זונטאג 1:00 מיטאג

- מלווה מלכה
- עליי לציון
- שחרית
- פת שחרית

מוועט אי"ה אויך
מתפלל זיין אין קאלוב

£195
BOOK 3 SEATS
TOGETHER
& GET £10 OFF
PER PERSON



New In
Stamford Hill



SPECIAL
INTRODUCTORY
OFFER
£9.50
EACH

Are you
making a
Simcha
at home?

ELEGANT
GOLD
CHAIRS
TO RENT

to uplift your
experience to
the next level.

No delivery charge

Call to reserve your date
07903015266

Clearance Sale WITH 5 PRICES!

Join us for last few days of
Outrageous Bargains!

ITEMS WERE £151-£400

NOW £59

ITEMS WERE £101-£150

NOW £45

ITEMS WERE £61-£100

NOW £29

ITEMS WERE £41-£60

NOW £19

ITEMS UP TO £40

NOW £12 OR LESS

Shop The New Spring Summer Collection

Little People
European Childrenswear - Young Adults

152 Stamford Hill
020 8809 6006

THIS SUNDAY

117 STAMFORD HILL BACK HALL

11am-4pm

SALE

Everything
20% OFF

Lots of Turbans
Coloured
£15

White
£20

LARGE
CLEARANCE
CORNER
EVERYTHING
£10

Tied
Exclusive Women's Headwear

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to serve you!



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served



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CAPACITY

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IN YOUR
BUSINESS?

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STAND.



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LONDON
2024

ALEXANDRA PALACE, LONDON

ONE OFF OPPORTUNITY!

OUTLET SALE

THIS THURSDAY EVENING
8:30-10:30
SUNDAY, MONDAY, TUESDAY ONLY 11-5

PREVIOUS SUMMER
AND WINTER
SEASONS REDUCED

ALL BABYWEAR
& OUTERWEAR

INCLUDING
CURRENT
SEASON

Ivory BABY BOUTIQUE

266 Stamford Hill
N16 6TU

CARING FOR
THE COMMUNITY
IS WHAT WE DO

WE operate
24/7



PROLIFIC BURGLAR RELEASED FROM PRISON

SHOMRIM ARE ON HIGH ALERT

A prolific & determined burglar is now on the streets of Stamford Hill

- Targets houses with a Mezuzah
- Steals Silver e.g. large candelabras, menorahs, bechers etc. + Car Keys
- Mostly Shabbos morning 6am - 7am
- Usually slips front door locks without causing damage
- Goes door to door for an hour looking for front doors which are not dead-locked

Since he was recently released from prison we have seen dozens of burglaries, many are already confirmed via CCTV as attributed to this criminal

ADVICE

- Always chubb/dead-lock your front & back doors
- Lock away silver not in use e.g. menorahs & Pesach silver

This Week's
Shabbos Patrol
Sponsor:



To Sponsor
Next Week's Patrol
Contact
Shomrim



Shomrim - Stamford Hill

24/7 Emergency Hotline 0300 999 0123

Shomrim specialise in supporting victims of HATE CRIME



CHATEAU BANSKO
KOSHER HOTEL

BOOK
BEFORE
15/02/24
AND GET
10% OFF

DID YOU KNOW?
RETURN FLIGHTS LONDON - SOFIA
STARTING FROM LOWER THAN £ 50



Swimming pool
& Spa



Mikva
(under construction)



Gourmet
food



Shul with
Sefer Torah



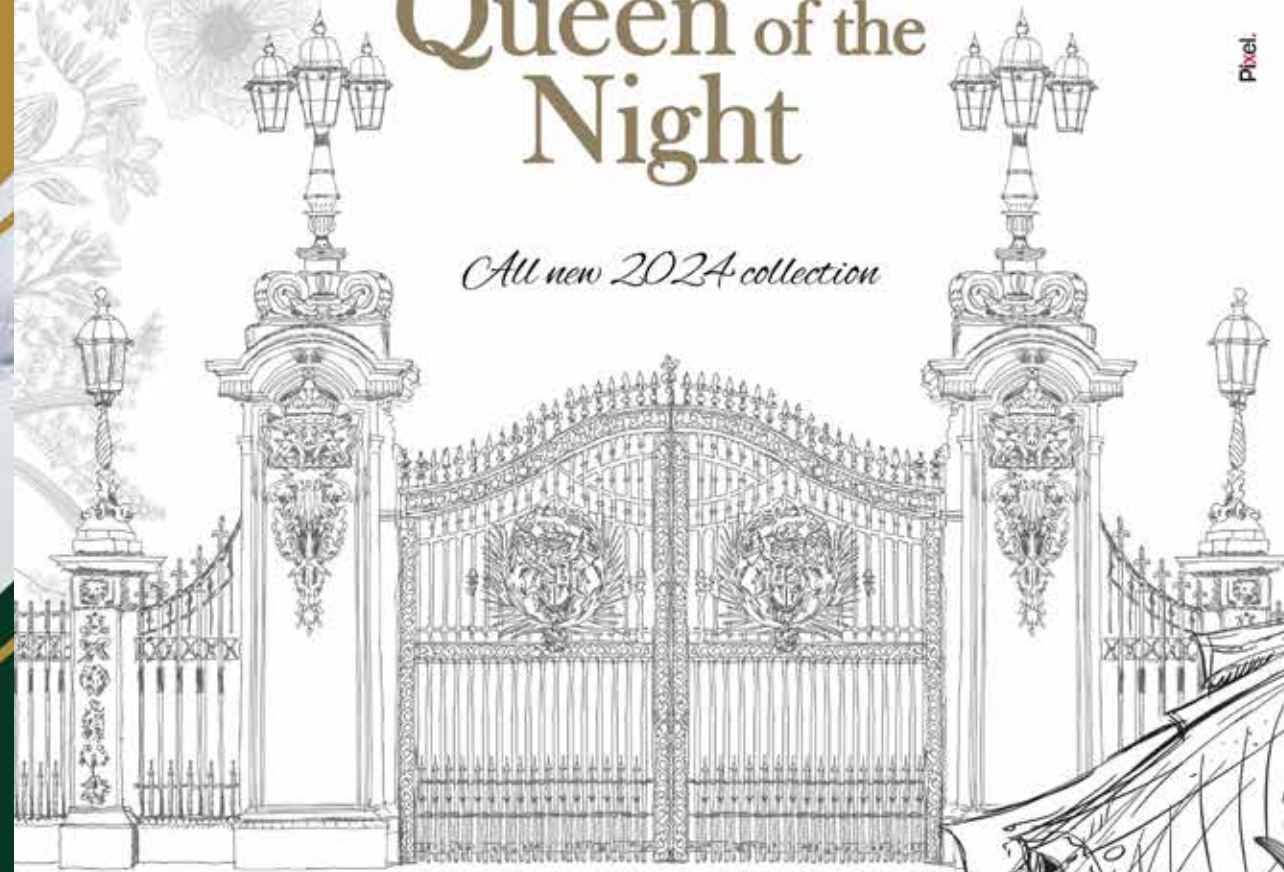
Kosher
Lemehadrin

CHATEAU BANSKO, Tsaritsa Yoanna 1, Bansko, Bulgaria
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Float into Spring and Summer

Queen of the Night

All new 2024 collection



Open House Sale

Your opportunity to own a designer inspired wedding gown in our exclusive sale
Sun 3rd Feb 11am - 3pm.
All fabulous sale dresses £300-£600* sizes 6 - 18

* dress only no accessories or service included, limited availability

Bridal Nights

Mrs E.G. Mendelowitz 020 8806 8847

Fine lace gowns | Designer inspired | Meticulously tailored | Tastefully on trend

Pixel.



JOIN AN INTERACTIVE
AND ENGAGING EVENT
THAT WILL CONNECT
YOU TO THE
INSPIRING WORDS OF
**REBBETZIN
RINA TARSHISH**
THROUGH A
JOINT MUSICAL
COLLABORATION
LEAD BY
C HOFFMAN
AND A FOUR-PIECE
LIVE ORCHESTRA

TAKE PART IN A
*Symphony
of song*
UNITY, AND JOY



המרכז הארצי למען
טהרת המשפחה

נוסד בשנת תש"כ



SUNDAY
18 FEB

YHS EGERTON | FOR MARRIED LADIES

**FOR WOMEN
BY WOMEN**



**INFLATION
BUSTING
PRICES**

HEATING & COOLING

FTXP20 (7000 BTU) £1,495 now £1,200

FTXP25 (9000 BTU) £1,545 now £1,250

FTXP35 (12000 BTU) £1,600 now £1,300

FTXP50 (18000 BTU) £1,925 now £1,650

All prices* based on "back to back" residential installations with up to 3m of pipework up to 2 stories.

7yr extended warranty subject to service

***Offer ends 1st March**



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HAVE YOUR EXQUISITE SIMCHA / YOM TOV SHOES CUSTOM MADE

Order Deadline:
12th February for Pre Pesach Delivery

Order Deadline:
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Minimum 6 pairs per order

Manufactured by Leading
Spanish Luxury
Footwear Brand *Papinatas* BY *Eli*

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9am

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5pm

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NEWS UPDATE

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age 12+
required in

Elm Park Avenue

West Bank

to deliver Thurs evening
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and leave a message

IS YOUR CHILD DELAYED IN THEIR GROSS MOTOR DEVELOPMENT

*i.e. sitting crawling
walking balance
gait neurological disorder
e.g. CP or other
syndromes?*



Chavi Stern
from Israel will be doing
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for one week

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available
Please call
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or 07974322101

MATELS

Ladies Fashion

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FINAL SALE

FINAL SALE

FINAL SALE

FINAL SALE

FINAL SALE

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60% OFF

All Wool Coats
& Kalloh Coats
50% OFF

Mrs Friesel 8806 3666
Sun 11:30-2pm & 8:30-10pm,
Daily call first & 8:30-10pm

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Chaim Hoffman CeMAP



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Think carefully before securing any debts against your home.
Your home or property may be repossessed
if you do not keep up repayments on a mortgage
or any other debt secured on it.

Hoffman Finance Ltd (FRN: 934633) is an appointed representative of RichBire Brokers and Financial Services Ltd which is authorised and regulated by the Financial Conduct Authority. Hoffman Finance Ltd is a company registered in England and Wales (Company Number 12844764)

YOUR CHILD TURNED 11?
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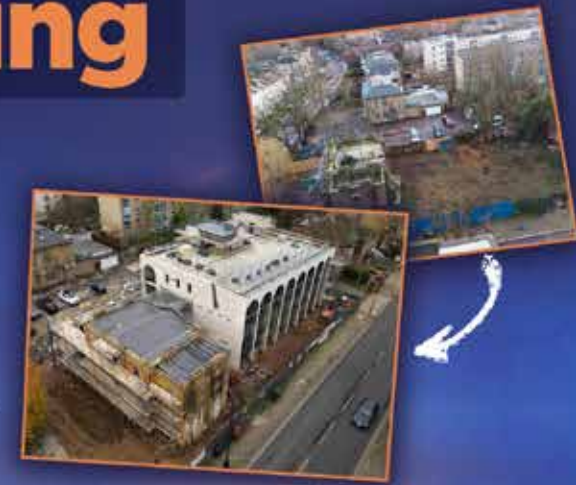
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א. נא לדייק להניח ברתיבה אך ורק שמות מעוטפים בתוך שק של פלאסטק. כדי למנוע נזילה שמות און להניח הפים נפרדים של שמות בתוך הרתיבה ואן לשלוח "שמות" עם מיני-קנב וכדו'.
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אין ליתנם לגניזה
NOT TO DISCARD IN GENIZA
USABLE SEFORIM
 in old print etc
 This is regarded a disgrace of Kisvei Kodesh and against Halocho.

מעונים גניזה מיוחדת-יש להביאם לאפים הקהלה
REQUIRING SPECIAL GENIZA-Please bring to UOHC Office

- ספרי תורה
- מזוזות
- תפלין-הבתים והפרשות
- Sifrei Torah
- Tefillin-Parshios & Batim
- Mezuzos

ITEMS THAT MAY BE DISCARDED				דברים שמותרים להשימם באשפה			
חולב האלמער LULAV HOLDER	כוסות לקידוש ופמטות KIDDISH CUPS & CANDLESTICKS	*מלידת קטן כלי ציצית *TALLIS KOTAN WITHOUT THE TZITZIS	חלה ריעקף CHALLAH COVER	גארטל GARTEL	חלקי החולב - פחות מ-3 מילים של פוסקם ואן עילום משמנת ודברי תורה CHOL SECTIONS - Less than 3 words of a Posuk and without Divrei Torah	שפתים מ"ת או כתי ספר (סדרה וכו') CHEDERSCHOOL SHEETS (SEDRÁ ETC)	שפתים מ"ת או כתי ספר (סדרה וכו') CHEDERSCHOOL SHEETS (SEDRÁ ETC)
תפלין בריטל פלאסטק *TEFILLIN PLASTIC PROTECTION BAG	*רעקאד'ינגס דיברי תורה (CD's, MP3 etc.) *RECORDINGS Divrei Torah (CD's, MP3 etc.)	קטל KITTEL	קאפלער KAPPELES	מנורה MENORAH	שפתים מ"ת או כתי ספר (סדרה וכו') CHEDERSCHOOL SHEETS (SEDRÁ ETC)	שפתים מ"ת או כתי ספר (סדרה וכו') CHEDERSCHOOL SHEETS (SEDRÁ ETC)	שפתים מ"ת או כתי ספר (סדרה וכו') CHEDERSCHOOL SHEETS (SEDRÁ ETC)

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VENUE: The Parkside

TIME: 8:30pm א"ה

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~ ביום המישי ~
(ער"ה אדר א')

תפלת מעריב בשעה 6:00 (זמן ר"ת 6:13) בעורת נשים	מנחה וקריה"ת בשעה 5:30 (עלוה"ש 5:46) בעורת נשים	אמירת יוב"ק בשעה 5:00 אהה"צ בעורת נשים	אמירת תהלים בשעה 3:40 אהה"צ בעורת נשים
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~ ערב שב"ק ~

ער"ש בבוקר בשמחה זאל בשעה 6:30	ער"ש בבוקר בביהמ"ד הגדול בשעה 5:15	ליל שישי בביהמ"ד הגדול בשעה 12:15 כהגות
--------------------------------------	--	--

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- קען איך זיך נישט קאנצעטרירן ביים לערנען?
- קען איך נישט דערליידן מייע נאנטע?
- ווער איך רויט ווען איך טוה עפעס ברבים?
- פיל איך אזויפיל מאל נישט אין א גוטע גוטטעל?

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Lost & Found

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- Received a package from Swiftee Motzei Shabbos chanukah 2 years ago containing new Yiddish book and game. Call 07506 000 348
- Found pair of silver earrings in my house before Yom Kippur. Call 8806 7722
- Found an Oyster card on Holmdale Terrace. Call 8826 5303
- Found child's pink hat at Finx bus stop. Please call 07359 026 510
- Found black velvet glove last week on Gilda Crescent. Call 8806 3883
- Found a pearl bracelet at Joseph-Tager chasunah in P&PHall. Call 8806 0105
- Found a pink scarf Tuesday afternoon outside Cazenove Mansions. Call 07554 717 455
- Found a memory card Friday on Manor Road outside 1010. Call 8211 8367
- Found a blue La Mascot baby bonnet corner Clapton/ Castlewood Rd. Call/text 07903 277 205
- Found cover of black buggy/pram at Bindinger Hachnosas Sefer Torah corner Portland/Kyverdale. Call 8806 8972
- Found ladies black fluffy sleeveless cardigan with pearl/gold buttons in Aguda 95. Call 7502 5019
- Found hanging diamond earring last week in Cost Shop, West Green Rd. Call 07501 712 081
- Found 2 keys Sunday evening on Moresby Rd. Call 8806 9101 and leave a message
- Found a girl's watch Tuesday 16th Jan at Clissold Leisure Centre. Call 07814 664 969
- Found belt of printed bekichte on Ryanair flight from Katowice to London Stansted Flight no. FR2472 06:40 Sunday 14th Jan. To claim please call 07533 279 132
- Found a ladies bracelet Motzei Shabbos in Chareidim Shul. Call 07891 123 283
- Found a paper bag from chemist with pack of Loperamide Hydrochloride tablets on Durley Road. Call 8800 9569
- Found money in Satmar 26 Clapton Common. Call 07939 539 968
- Precious gold necklace lost on Stamford Hill. Call 07827 889 157
- Found a Mini Pops hat a few weeks ago in Morrison's. Please call 8800 8620

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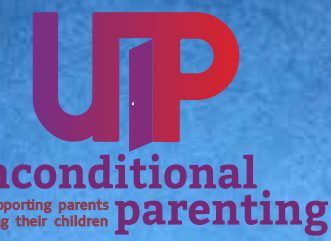
- Lots of English novels and story books. Please call 07968 500 684
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- Spider keyboard stand available to hire for £15 per night. Call 8802 9175**
- Clothing Drive:** Collecting men's, ladies & children's clothing, shoes & bedding in any condition; Shoes (full pairs), pack separately; towels, tablecloths & linen, pack separately. £3 collection (more than 10 bags may be more). Call/text 07411 229 354 or 07411 227 673
- אויס צו לעשען עין הרע ביי ר' אברהם לעבעל הי"ו בהסכמת רבותינו חברי הביד"ץ העדה החרדית עיה"ק ירושלים תובב"א.** לאוט א מעסעדז 02088066370
- Korg PA900 keyboard for hire, £50 per day. Please call 8806 8144**

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- Looking to sell a £75 ticket for the Shushitzky show on Tuesday. Call 07942 868 228
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Dear Readers

This is my favourite part of the news update and I thank everyone for their contributions. I wanted to make the public aware of two things.

1. The fox that is generally lurking around Moundfield Road has absolutely zero inhibition or fear. I was walking on the street at 11pm, there were people around, too, and it just walked up to me. Then it attempted to climb up on me. I stamped my foot but it didn't help, so I loudly said "No, go away" and only then did it grudgingly, generously leave my space. I hope that it doesn't scare anyone else, but if it does, yell loudly and it should leave.

2. There are harassers on public transport in Stamford Hill. I would like to share a very distressing incident that occurred, to let people know that if it happens to you it is not ok. I walked on to a bus with a friend and was stared at by a man. We quickly tapped our oyster cards to reach the back and get out of his sight, but he brushed up against us, at which point we ran to the back. We sat down which was a rather daft idea, since lo and behold he came to sit right across at the four-facing rear seats. We got up and walked to the front, and then B"H he stayed at that seat and stopped bothering us.

May we all keep safe and if you do feel someone staring at you, don't just ignore, either get onto a different bus, tell the driver and fellow passengers, or call Shomrim.

Thank you.

A.S.D.

Dear Young Lady

I have no clue who you are but nevertheless I want to commend you.

You saw a woman drop her hat on the street and bent down to retrieve it and chased after her for five minutes in order to return it to her.

That woman happens to be my cleaner and she burst into my house the next morning tumbling over her words in her excitement to tell me about it.

You cannot begin to imagine what a ה' קידוש you made - she was so tremendously impressed and so happy to have another proof in her arsenal to counteract some of her friends who sometimes voice anti-semitic views.

How wise and noble of you to grab such an opportunity - it is acts like these that make השם יתברך proclaim ישראל אשר בכך אתפאר

C. Quadrat

Dear Readers

Pesach is soon around the corner and cleaning help will be in high demand.

I have cleaning help throughout the winter. However, the last couple of years they all disappeared when the busy season arrived and I was left without help each year.

I would like to ask to please be considerate to others. Think before you ask her for more time. Ask her if she is working by others and don't take the number from your neighbour's cleaner without permission. לא תעמד על דם רעך

P.S.

Dear Readers

Mothers make sure your children and bochorim have lights on their bicycles, lights that work and make sure they are used every evening.

Driving through Stamford Hill one evening we saw numerous bike riders without lights. With their black hats and black clothes they were almost invisible to car drivers, buses and pedestrians crossing the road. This puts them in great danger and besides could easily cause an accident

where others could get hurt Chas V'Shalom.

Mothers TAKE ACTION. Check your son's bicycle lights are working and are switched on. Prevent an accident. It's no use waiting another day.

Z. Landau

Dear Readers

Does anyone know the cause of sleep walking in adults and how to prevent it?

Please can you answer through this column.

Many thanks!

P.C.

Dear Readers

A very upsetting and painful ordeal happened to our family member last week Friday when she arrived back at Heathrow airport from Eretz Yisroel Thursday late morning and was immediately detained and subsequently denied entry to the UK by the border force officers.

After a while we contacted the JCC who swiftly got in touch with the relevant officers at the immigration and Home Office who thankfully agreed to release our family member just in time for Shabbos.

This is a reminder for those who are not yet 100% legal citizens in the UK especially following the EU settlement scheme to ensure you settle your immigration status and file all the legal documents otherwise this painful ordeal may recur erev Shabbos or erev Yomtov when nobody wants to be detained.

We would like to thank Mr Schapiro from the JCC for his help in resolving this matter so adequately Erev Shabbos.

A Concerned Family Member

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“My Mother is Healthy, Baruch Hashem!”

Mommies are not allowed to get sick, they say. Not even for a day. But when Mrs. Blum* was diagnosed with the bitter *machalah, lo aleinu*, her children had to live with this new reality. As their suddenly weak mother spent her days in and out of the hospital, enduring painful treatments, they needed to learn to manage on their own.

The burden of keeping house and keeping the little children happy fell primarily on the shoulders of the oldest Blum girl. How could a young teenager carry such a heavy burden?

The children knew they needed lots of *zechusim*, and they *davened* fervently, asking others to do the same. Looking for ever more *zechusim*, one daughter had a brainstorm. She called **Tehillim Kollel**, and added her mother's name to the list. If anything could help, surely it was the *zechus* of *tzedakah* and *tefillah b'tzibbur*.

From that day on, Mrs. Blum's name was on the hearts and minds of the dedicated **Tehillim Kollel minyan** on a daily basis.

Less than one year later, happy news was shared with **Tehillim Kollel**. “My mother is completely clear, *baruch Hashem!*” It truly was a miracle.

The Blum home returned to the warm haven it had been in the good old days. Supper was cooked, laundry was folded, and above all, the children got their happy and healthy mommy back – thanks to the potent words of *David Hamelech!*

*Name has been changed.

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