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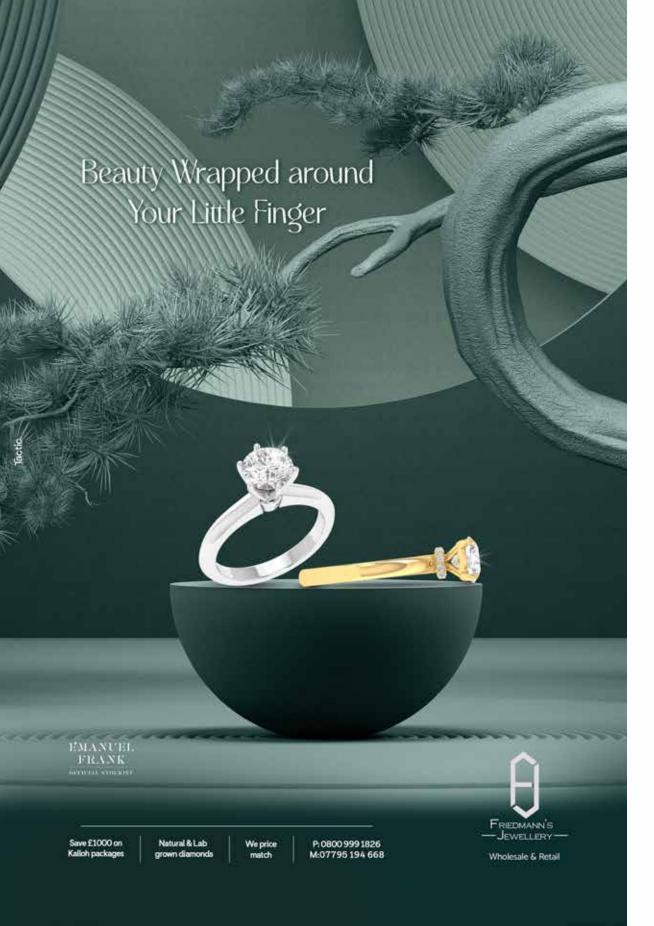
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The newborns parents (ONLY) should call 02080583425 once the baby is born.

WHO IS YAD MIRIAM FOR?

ANYONE- Yad Miriam is here to benefit the entire kehilla.

WHEN ARE VOLUNTEER8 AVAILABLE?

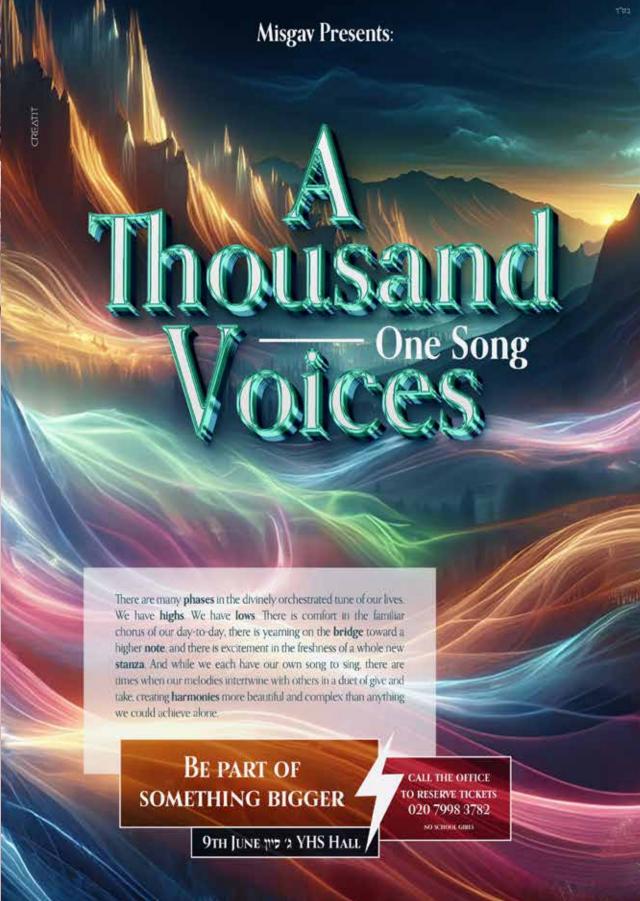
The hospital allows our volunteers into the delivery suite and postnatal ward between 9am – 10pm.

We aim to accommodate any requests within these

times.

O YAD MIRIAM To book please call: 02080583425 info@yadmiriam.org

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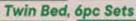
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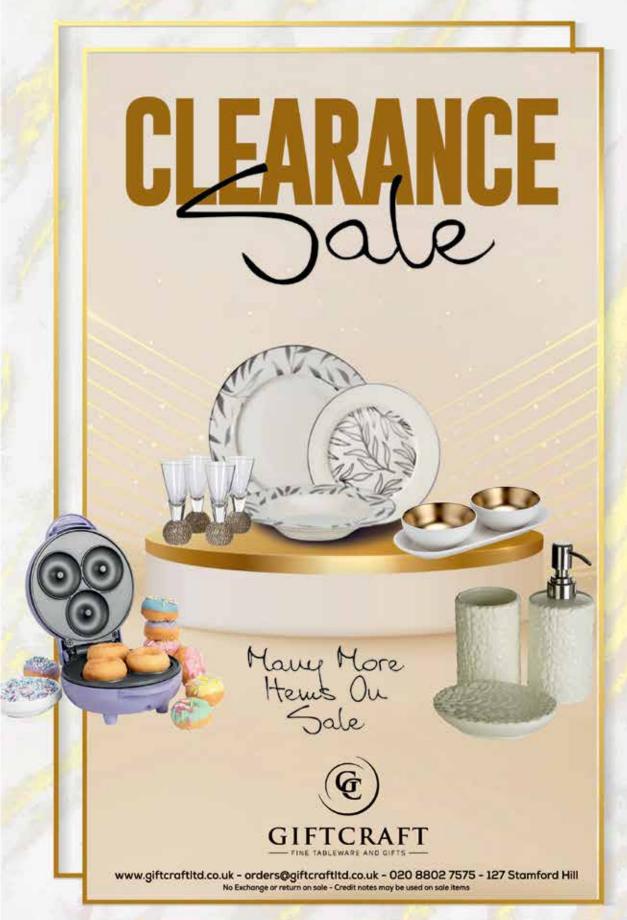


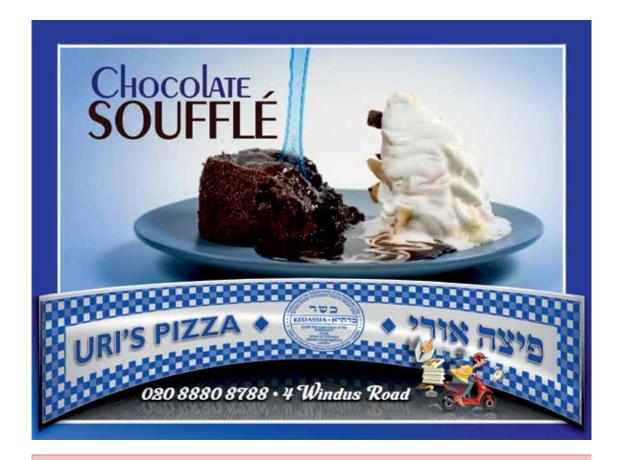












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Eishes Chayil Department

The story I am about to tell, didn't happen to me, it happened to my aunt. My mother has an older brother who was childless for many years. We always davened for them and they themselves never gave up hope. I still remember once visiting them after they had already been married for around 27 years, and my 5-year-old daughter asked me right in front of them, "Mommy, why don't they have any kinderlach yet?" I was so embarrassed and didn't know what to say, but my aunt answered, "We don't have kinderlach but if you daven, we can still have." Their אמונה was really strong.

I'm sure you all remember the time, when we suddenly had a scare about the origins of the hair of which sheitels are made. whether it came from עבודה זרה or not. For many weeks, woman around the world and especially in ארץ ישראל, wore only tichels. Of

course, my aunt also wore only a tichel. Well, miracle of miracles, within a year, she gave birth to a sweet little girl - 30 years after her חתונה!

But that is not the end of the story. My aunt had a close friend who was going through the same painful waiting. Together, they shared the pain and the hope, for so many years. And the unbelievable happened - they also had their ישועה, at the same time – the friend gave birth to TWINS - a boy and a girl!

I know of another woman, who is from chasidei Belz, and she too had been waiting many years to be blessed with children. She too changed from a sheitel to a tichel when the origins of the sheitals became questionable. She was זוכה to TRIPLETS!!!

As can be heard on CONNECTIONS, 917 924 9900. 0330 350 2362. option 4,9



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Therefore we are publishing his words in hope that those who will improve. He will be a מליץ יושר

"I have seperated you from the nations to be for me". That means that G-d will protect us from all evil. "if you remain seperated from the nations, and behave differently from them, then you are Mine. But if אלים not, if you follow the goyishe ways and behave like them, then I shall give you over into the hands of Nevuchadnezzar king of Babylon"

Someone once asked the Tzanzer Rov to pray for someone who suffered from an unknown illness. The Tzanzer Rov instructed his gabbai to find out if perhaps a new fashion hasn't recently appeared, because he had heard from R' Mendele Riminever 2"I that every new fashion brings an illness.

All evil that is spoken against us רח"ל is because the יצר הרע influences us to enjoy and imitate the goyishe fashions.

(letter from R' Mendele Riminever z"l)

All evil that befalls our nation comes, without the shadow of a doubt, from imitating the goyishe fashions. Through that, we allow the אחרא אחרא to gain power over us and do evil to us.

(letter from R' Mendele Riminever z"l)

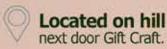
Those that have begun dressing like the goyim, vey to them and vey to their soul! Their clothes cause a שומאה to attach to them, which in turn brings upon them untold grief and trouble.

(דברי מנחם פ' בראשית)

He also promised that one who finds himself in a צרה and lights a candle בעז"ה אינ מנחם מענדל בן יוסף של זעיוה לע"ג מנחם מענדל בן יוסף be helped.











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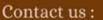












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- ALEXANDRA PALACE
- WED 29TH MAY 2024

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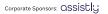
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Grandmother? Friend? This is for YOU too!



If you're a Grandmother or friend of someone expecting or with a baby, you'll be especially welcome at Menucha's Big Talk. Why? Because if you're not knee-deep in nappies, now's the time to find out how best to help the 25% of women who struggle with perinatal mood disorders.

Until recently, women suffered in silence – maybe even you or someone you know. Now that this issue is more widely acknowledged, more women's lives are being changed by not only Menucha, but also Grandparents and friends who are there for them.

Join Women of All Ages on Wednesday 29th May in N3

World-class speakers. Expert's Panels, Women's Health Exhibition. All-day light refreshments.

PROGRAMME:

10.00am	Exhibition	opens
	PALLINGINISH	Obella

12.30pm Harmony With Hashkofah: Rebbetzin Y Hamer

1.30pm Expert Panel: Perinatal Mood Disorders Q&A

Mrs Rivki Dwek, Dr Sheryl Kaplan, Mrs Sue Schraer, Rebbetzin R Simon,

Mrs Susie Weisz, and Rebbetzin CR Zimmerman

3.30-7pm Break

5.30 - Expert Panel: PCOS; Your Questions Answered

6.30pm Rebbetzin C Melber (Tahareinu), The Nova Health Clinic, Dr Sheryl Kaplan,

Mrs Esther Donoff (Nutritional Therapist)

7.00pm Exhibition Re-opens

8.30pm Women Today: Rebbetzin S Tugendhaft

Plus, Q&A joined by Rebbetzin CR Zimmerman and Dena Sanger

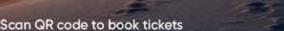
9.15pm Managing Life-Change Challenges: Rebbetzin R Simon

Plus, Q&A joined by Rebbetzin CR Zimmerman and Mrs Sue Schraer

10.00pm Breakout Discussions

11.00pm Close





or visit: www.menucha.info/ event-details/thebigtalk

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June 2024









- Weddings Sheva Brochos
- Bar Mitzva
- Shabathon
- Reception - Hotel
- Home Events
- Take Away



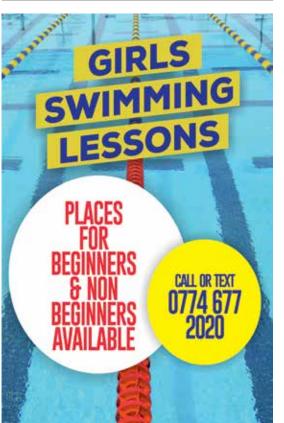
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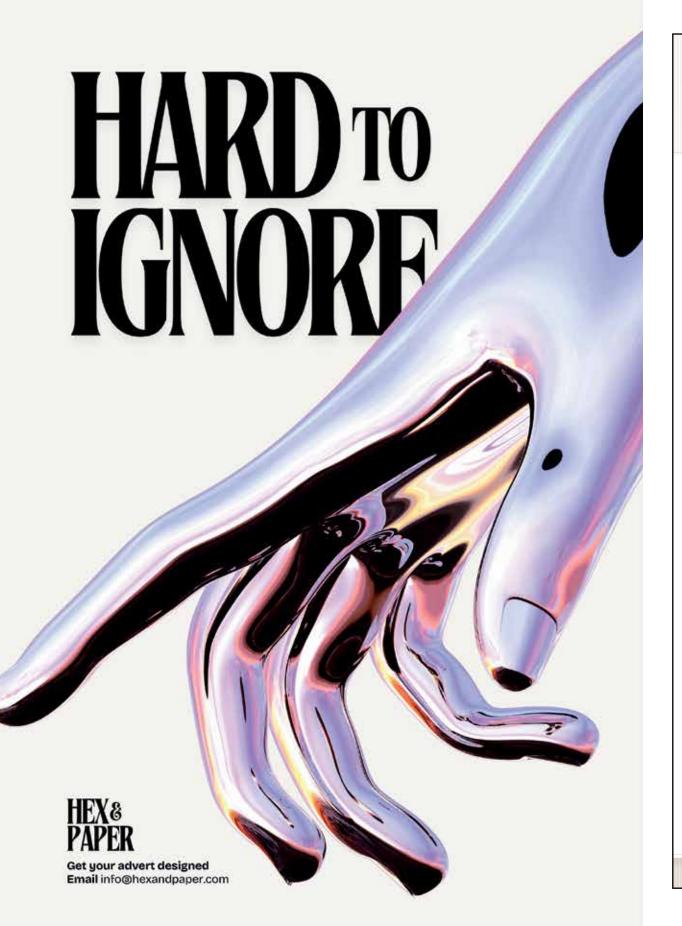
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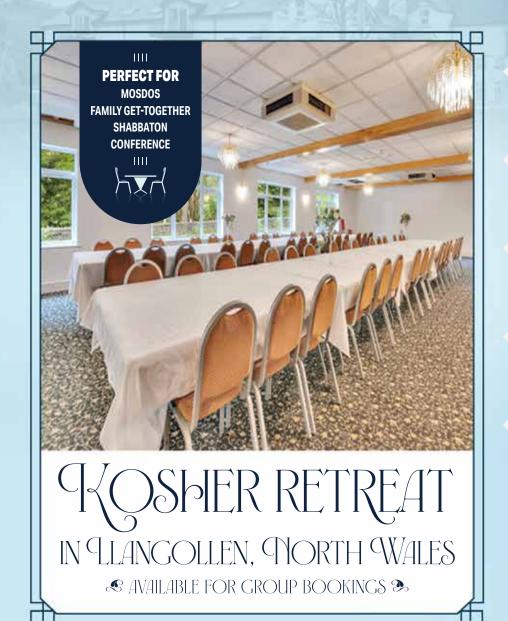
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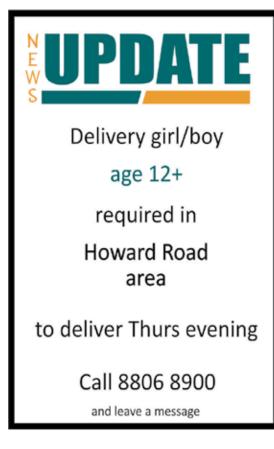
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Classifieds

Lost & Found For Sale To Give Away

Services

Others

Lost & Found

- Found a Finx bag with a white top in it in the Pesach shop on High Road, Call 07413 884 061
- Found a pink siddur last Thursday on Kyverdale Road. Call 07951 833 146
- Found a debit card with the name Mrs R Feldman near Lynmouth Rd park. Call 07369 219 325
- Found a brand new cream padded jacket size 8yrs on Rostrevor Avenue. Call 07971 772 664
- Found a Kiddushin ring in garden of Viznitz Sem, Lordship Rd, may have been there for a while. Please call 020 8880 2484
- Found a thin porta crib mattress in plastic during Pesach Kyverdale/Cazenove Rd and also one on Chardmore Rd. Call 8806 0448
- Found a pink purse with name Esther a long time ago. Call 8806 0448
- Pink scooter and ladies black & beige print cardigan left at Robe Studio. Please collect from shop
- Found £50 in Woodberry Grove outside Mr Daniel's dentist. Call 8802 6130
- Found a Micro scooter on Lealand Road. Call 07505 393 744
- Found a new packet of musical notes stickers Tuesday morning on St Kildas Rd. Call 8800
- Lost a gold & diamond bracelet before Pesach. Please call 07811 010 931
- Lost a credit card machine on Purim, if found please call 07388 992 481

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- Opti cross trainer from Argos, brand new in box, £80. Call 07508731635

To Give Away

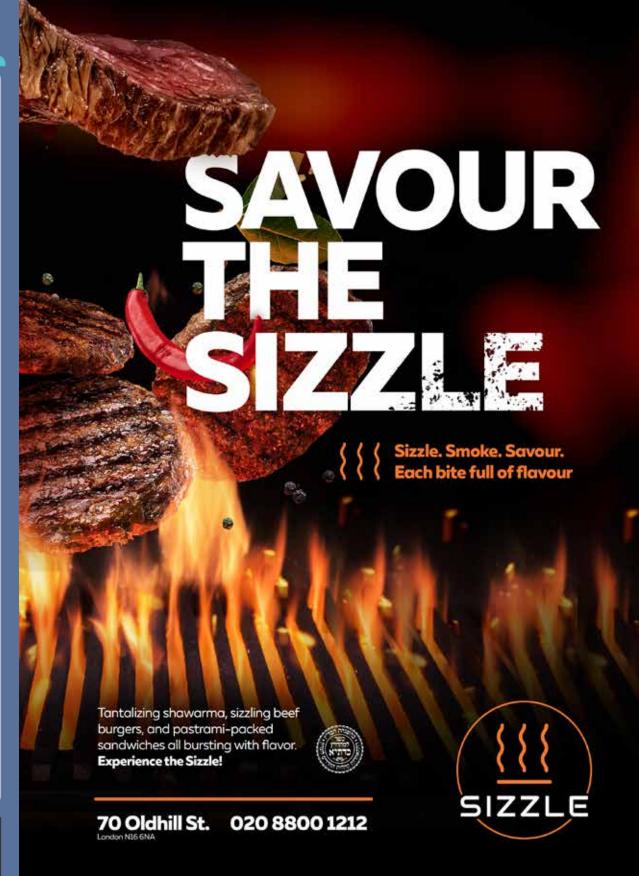
Fisher Price 3in1 rocker swing & lockable steel storage cupboard with 4 shelves 914x400x1806. Call 07896 222 974

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- אויס צו לעשען עין הרע ביי ר' אברהם לעבעל הי"ו בהסכמת רבותינו חברי הביד"ץ העדה החרדית עיה"ק ירושלים תובב"א. לאזט א מעסעדזש 02088066370
- Korg PA900 keyboard for hire, £50 per day. Please call 8806 8144

Others

- I did the segulah of R' Masia ben Chorosh and sawa yeshuah
- Mistakenly exchanged boys navy Rhino shoes (from Shoe & Fashion) on Sunday erev Pesach in Woodberry Down farm. Please check if you have size 34 or 35 as my son brought home a size 36. Call 07947 627 548
- I thank the Ribono Shel Olam for the 2 yeshuos I had after doing the segula of Masia ben Chorosh





aujoy your ride

עארזעטזיך און געשיקט 1111 חססס אר





Dear S.K.

I am pained for you as you describe the shame and pressure you endured from shadchunim this past month, as they tried helping you marry off your children. No Yid should have to feel how you did, whilst these people were really trying to help you, it seems like they only hurt you, though they meant your best.

Nevertheless, I feel as a fellow Yid in the same boat as you, trying to marry off my children, that your attitude needs to be changed and then you would never feel the same again.

Firstly, no shadchan owes us ANYTHING! And if they took the time out of their hectic pre-Pesach hours when they had loads of better things to do, kol hakuvad to them! Secondly, deep down you'll admit that NO SHADCHAN does it for the money, as you know yourself that they have to suggest 1000 until one happens. So how can that be called money making? Majority of the shadehunim do it purely lishmo. If we would try and be a shadchan we would opt out very fast! It's a dirty job, full of agro, time wasting, mud slinging, abuse absorbing and the list can go on. They need to employ the skills of a psychologist, life coach, negotiator, peace maker, therapist and lots more. Every time a shadchan calls I am extremely grateful! Out of the 7000 people living here they thought of ME! Many many people wait months to get a call!

Thirdly, most people need to be pushed into a shidduch in order to get to the lachayim. Ask around and you will see from your family and friends that their shidduch did not happen the first time it was suggested but they needed to be cajoled into it. Why blame the shadchan when she's helping the eibishter with the heiliga shleechus of our children building their own

homes?! Most shadchunim are not bullies and will do it in a gentle way, but you know they're trying their best for OUR toiva. Ultimately, they don't care if our children get married or stay single so it's for our benefit they're doing this, not theirs. If we'd keep this at the front of our mind, then we wouldn't get hurt at their pushing, as we'd always remember that they mean our goods.

Fourth. Have you ever heard of unrealistic parents?? Well they do exist, let me tell you. Have you heard of "onlookers see the best part of the show?" You may have one picture of your child, but the public may see another. I hate to have to expose you to the horrible fact that many teenagers hide things from their parents, and only give themselves out between their friends, so there is such a concept of a shadchan having knowledge that parents don't have. Still, you are entitled to say no, without giving a reason or getting angry, by gently repeating that you don't think it's suitable but STILL THANKING the shadchan for thinking of you because maybe her next call will be the right one, but if you mistreat her you won't hear from her again and that would only be punishing yourself and your

Please remember that we're all looking for a sheina zach, something that fits our esteem. What we get suggested is usually a reflection of what others think of us, and where they place us on the ladder, even though we always place ourself on the top. So of course it hurts when we get suggested things that we think are beneath us. But we should never release that hurt on the shadchan as it's only our kuvad that's causing that hurt and that's not the shadchan's fault that we think so highly of ourselves. An ooney doesn't usually have a problem with shidduchim, and

certainly never gets baleidikt.

I appreciate your humour that shadchunim should be taught how to do shidduchim. They seem to be doing well bh without there being a shidduch school. Unfortunately, there will always be someone who will hurt us. Sometimes it's a shadchan, sometimes a neighbour, teacher or our own family member. Because that's exactly what the eibishter destined for us on that day. That we have to go through that agmas nefesh. We have to make sure that the hurt we're feeling is not from our own pride that's standing in the way.

Lastly, I have to disagree with your last point too. No they CANNOT possibly know what WE think is suitable for us. We don't even know it either! So please yes do suggest names to me even if you haven't thought it through because it's MY job as the parent to think if it's suitable or not and I will not get baleidikt because you can't possibly be a mind reader and know which name will shmek me and which name will hurt me. Please DO throw names at me and I'll be very grateful every time you call, that you didn't only think of me, but took the time to call me (you may have spent lots of time trying to get through to me). I will gently let you know whether it's suitable or not and will encourage you to keep calling, even if your names so far have not met with success, the next one may just be the right one!

With utmost respect, admiration and gratitude to all our awesome shadchunim who keep slogging at it with very little to show for their time and work.

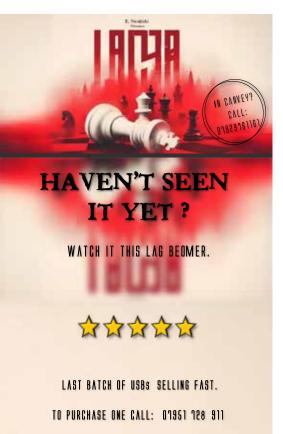
May we hear many more shidduchim very soon amongst all of us, and may I vinch you that you should marry off all your 3 children this year, easily, smootlhy and very soon, and with a shadchan that you enjoy working with.

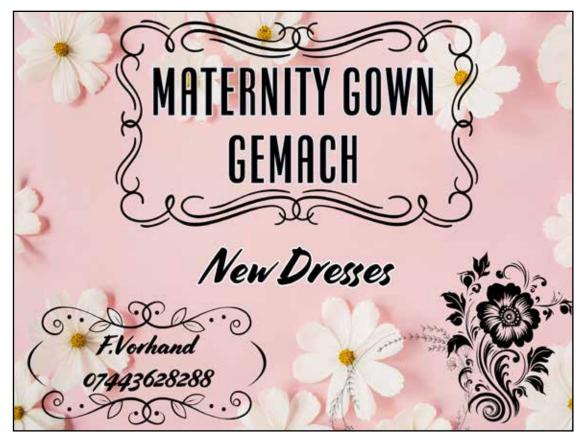
R.L.













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